

BRIDGTON HEALTH & RESIDENTIAL CARE CENTER

SPRING CYCLE # 1

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
B R E A K F A S T	Assorted Dry Cereal or Cream of Wheat Assorted Pastry Fruit, in Season 100% Fruit Juice Milk, Coffee, & Tea	Assorted Dry Cereal or Maypo Assorted Pastry Fruit, in Season 100% Fruit Juice Eggs Milk, Coffee, & Tea	Assorted Dry Cereal or Oatmeal Belgian Waffles with Syrup Fruit, in Season 100% Fruit Juice Milk, Coffee, & Tea	Assorted Dry Cereal or Cream of Wheat Assorted Pastry Eggs Bacon Fruit in Season 100%Fruit Juice	Assorted Dry Cereal or Maypo Assorted Pastry Fruit, in Season 100% Fruit Juice Milk, Coffee, & Tea	Assorted Dry Cereal or Oatmeal Cheese Danish Eggs Fruit, in Season 100% Fruit Juice Milk, Coffee, & Tea	Assorted Dry Cereal or Cream of Wheat Assorted Pastry Fruit, in Season 100% Fruit Juice Milk, Coffee, & Tea
L U N C H	Baked Chicken with Gravy Rice Pilaf Winter Squash Bread & Butter Pears with Cherries Milk, Coffee, & Tea	Macaroni & Cheese Stewed Tomatoes Buttered Yeast Roll Boston Cream Pie Milk, Coffee, & Tea	Homemade Vegetable Beef Stew Buttered Biscuit Saltine Crackers Fruit Cocktail Milk,Coffee,Tea	Baked Haddock Mashed Potatoes Fresh Asparagus in Garlic and Olive Oil Peaches Milk,Coffee & Tea	Grilled Cheese Sandwich Tomato Bisque Saltine Crackers Chocolate Cream Pie 100% Fruit Juice Milk,Coffee,Tea	Seafood Salad on a Grilled Roll Potato Chips Sliced Cucumbers Bread Pudding w/Whip Cream Milk, Coffee & Tea	Hot Dogs Baked Beans Cole Slaw Buttered Brown Bread Ice Cream Milk, Coffee, & Tea
	Alt. Hot Dog on bun Ambrosia Salad	Alt. Chicken w/Gravy Rice Pilaf Winter Squash	Alt. Macaroni & Cheese Stewed Tomatoes	Alt: Beef Stew Bread and Butter Saltine Crackers	Alt. Tuna Sandwich Soup	Alt. Grilled Cheese Tomato Soup	Alt. Seafood Salad Sandwich Potato Chips
S U P P E R	Cheeseburger Sweet Potato Fries Dill Pickle 100% Fruit Juice Ice Cream Milk, Coffee, & Tea	Mushroom Quiche Mini Muffin Watermelon Tomato Juice Filled Cookie Milk , Coffee, Tea	Hot Turkey and Gravy over Toast Tips Buttered Green Beans Cranberry Sauce Butterscotch Pudding with Whip Cream 100% Fruit Juice Milk, Coffee, and Tea	Cheese Ravioli with Maranara Sauce Buttered Spinach Homemade Cookie Milk, Coffee, & Tea	Philly Cheese Steak Sub on a Hamburger Bun Green Salald Strawberries and Cream Milk, Coffee, & Tea	Homemade Chicken Noodle Soup Saltine Crackers Dinner Roll Fruit Cup Chocolate Brownie 100% Fruit Juice Milk,Coffee & Tea	Egg Salad Sandwich on Wheat or White Bread Onion Sun Chips Mixed Fruit with Cherries 100% Fruit Juice Fig Newtons Milk, Coffee, Tea
	Alt: Pizza Fruit	Alt. Cheeseburger Chips 100% Fruit Juice	Alt: Quiche Fruit Muffin	Alt. Hot Turkey Sandwich Green Beans	Alt. Ravioli Spinach	Alt: Cheeseburger Green Salad	Alt: Chicken Noodle Soup Fruit Bread and Butter